

Communication

Activities to Help Your Child Grow and Learn

Your child is learning to use complete sentences to tell you all about what's happening. He also can follow more than one direction at a time. He has probably learned both his first and last name and can tell you if you ask. He loves to have conversations with a friend or maybe a toy doll or bear. He has learned that a voice on the telephone really comes from a person, even though he can't see the speaker, and your child is more likely to talk than just listen.



Good Night

When it's time to go to bed, give goodnight kisses all over. Tell your child, "I'm going to kiss you on your knee. I'm going to kiss you on top of your head. Now I'm going to kiss you behind your ear. Good night back there! Good night everywhere!"

Who's This Person?

Pretend you suddenly forgot who your child is. Say, "What's your name, little girl? Is it Samantha? Is it Rosita? Do you have another name?" When she tells you her name, you can be very happily surprised!

Love Notes

Put little notes to your child here and there. A note might say, "You are a very helpful brother to your baby sister." A note on your child's toy shelf can say you noticed that the toys were put away. A note by the plate at dinnertime can say that Dad will read a favorite story at bedtime. Read these notes to your little one so that he learns reading is fun and important.

Where the Creatures Live

Go for a walk outside and look for living things. Ask your child questions about the world around her. "Where do we see birds?" Up in the sky. "Where do bugs live?" Under rocks. Your child may need a little help at first, but soon she will know the answers.

Weather Person

At the start of the day, ask your child to look out the window and tell you about the weather. Is it sunny? Is it raining? Is it cloudy? What will the weather be today? Have your child draw a picture of the sun if the day is sunny, raindrops if the day is rainy, and clouds if the sky is cloudy.

A Card of Love

Collect paper and glue; little craft items such as stickers, stamps, or ribbons; and pictures of favorite things and animals. Make a birthday or greeting card for someone special. Talk about this person, and help your child write a message. Address the card, stamp it, and mail it. This little kindness will bring much appreciation.

Notes:



Don't Forget! Activities should be supervised at all times by an adult. Any material, food, or toy given to a young child should be reviewed for safety.