

Healthy Families America

Success stories from Northern NH

A mom was referred to our HFA program following the birth of her substance-exposed baby. Mom was initially reluctant to open up, fearing that she would be looked down upon and judged. Mom slowly began to let her guard down. Through consistent efforts, the home visitor began to build mom's trust. Mom quickly learned that she was to be celebrated for the choices she'd made in maintaining her recovery to ensure the best outcomes for her baby. Her home visitor held a torch of hope and belief in this mom throughout her three years of home visiting.



A mom, who was a survivor of child abuse, sustaining injuries at the hands of her own mother, enrolled in our HFA program prenatally. Mom spoke candidly to her home visitor about wanting to parent her child with love and care, emphasizing that she would never want her child to experience the pain she'd endured as a child. Mom was eager to learn about positive parenting and provide a warm and loving home for her baby. Mom has raised her little baby into a thriving three-year-old and proudly hung her certificate of graduation as she celebrated the three years of commitment to learning and growing to be the best parent she could be.



A mom with nine children was referred to our program shortly after the birth of her triplets. This mom had no support system and nobody in her corner. This mom felt as though she had nowhere to turn. She felt so stigmatized by her community for having more children and she shared she had feelings of defeat when others would tell her it was her choice to have triplets. This mom welcomed her Family Support Specialist into her home and accepted the support system that was offered to her through this program. After three years of working with this family, they have been able to have other services in the home, work on child development daily, and enroll all children into Headstart in the fall of 2022. The family has gained knowledge, confidence, skills, and resources to help support their amazing journey. This mother shared with the Family Resource Center how grateful she feels to have been able to work with the FSS for three years and build the relationship they did.



the family
resource center



Healthy Families
New Hampshire™
Coos and Northern Grafton County